



PERU PACKING LIST

IMPORTANT INFORMATION FOR THE 2 DAY/1 NIGHT TRIP HIKING ON INCA TRAIL AND MACHU PICCHU

This trek does **not include porters**, so you'll carry everything while hiking. Pack as light as possible!

- You'll bring a **daypack (≤ 25L)** with essentials for the hike.
- You will bring a **small bag (<18 lbs)** that will go directly to our hotel in Aguas Calientes for the night and next day.
- The rest of your luggage will stay in Ollantaytambo and meet us in Cusco.

Below you'll find two packing lists to help you plan: one for the overnight trip to Machu Picchu with your smaller bag, and a general packing list for the rest of the journey.

Daypack for Inca Trail & Machu Picchu (≤ 25L)

You will carry this pack during the hike and into Machu Picchu.

- Passport
- Immigration card (given on the plane when entering Peru)
- Small, lightweight daypack (maximum size 25L – required for Machu Picchu entry)
- **Water:** Camelbak and/or water bottles
 - You will fill your bottles with 2 L of water from the hotel for the start of the hike; guides will resupply boiled and then cooled water at lunch
- Comfortable hiking boots or trail shoes (Well broken-in, with good traction)

- Clothing
 - Moisture-wicking shirt(s)
 - Hiking pants
 - Light layers for changing temperatures
- Rain gear (just in case)
- Sun protection
 - Hat
 - Sunglasses
 - Sunscreen
- Insect repellent (Optional. We had no issues with insects on last year's trip, but if you're sensitive to bites, a small travel-size repellent for evenings is fine.)
- Optional snacks
 - Protein bars, nuts, etc. (guides provide snacks and lunch)
- Personal medications
- Hand Sanitizer. Small pack of tissues.
- Few bandaids and a piece of mole skin can come in handy if you get a blister.
- Phone and/or camera and charging cables
- Portable Charger (remember to put this in your carry on luggage when you travel)
- Flashlight (phone flashlight works well)
- Money (small bills helpful)

Small Hand-Luggage Bag LESS THAN 18 POUNDS (Train + Aguas Calientes Overnight)

This is the bag you'll take on the train and use for your overnight stay.

- Pajamas
- Outfit for Machu Picchu day
 - This is the big photo day — wear whatever you feel great in
- Personal toiletries
- Any medications or first-aid items not in your daypack

You will want comfortable shoes. Many of us wore our hiking boots. but some brought a second pair in the overnight bag.

Additional Packing for the Rest of the Trip

- Comfortable clothing you enjoy wearing
 - Activewear and casual outfits
 - Layers for cooler evenings
- Bathing suit (Optional-for the Cusco spa if you plan on using it)
- Medications
 - Prescription medications
 - Please discuss **Diamox** (to prevent altitude sickness) with your doctor, Advil, anti-diarrheal, etc.
- Laundry note
 - Many guests travel carry-on only
 - Laundry service is available at our Cusco hotel
- **Optional:** Fold-up tote or duffel for shopping (also easy to buy in Peru)
- Money
 - ATM card
 - Credit card
 - Some cash

Other Important Info

- **Internet Access:**
 - Ensure connectivity via your carrier or an eSIM card (e.g., Airelo).
 - We'll be communicating through WhatsApp before and during the trip.
- **Traveler Insurance:** Bring a copy of your confirmation and emergency contact numbers.
- **Photocircle App:** Download it before the trip (group invites will be sent).
- **Passport Validity:** Must expire at least **6 months after** your return home.
- Optional: **Kindle** for downtime.